



THE FRIDAY NOTES

Lloyd Harbor School • October 30, 2015



QUOTE OF THE WEEK: "Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow."
by Melody Beattie

SEL Word of the MONTH: "Accepted"

UPCOMING LHTV REPORTERS: Lily Weissberg, Gabby Emsden (5P)

SCHOOL STORE EMPLOYEES: Angelina Pavlakis, Lilli Walton (6O'D)

LHTV MUSICIANS: Ethan Kobus, Patrick Tuohy, Jackson Pusey (6C)

PM BUS CALLERS: Garret Geraci, Raphaela Katz

Monday 11/2	Grade 2 P/T Conferences
Tuesday 11/3	Election Day – school is in session Grade 3 P/T Conferences Bake Sale (purchases are for adults only)
Wednesday 11/4	Grade 4 P/T Conferences Grade 6 No. Shore Land Alliance 9:50 - 11:30AM
Thursday 11/5	Grade 5 P/T Conferences Grade 6 DNA
Friday 11/6	Grade 6 P/T Conferences

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SEL In the Spotlight

Social and Emotional Literacy (SEL) is an important part of our culture here at Lloyd Harbor School. A part of what we do is based on the work of Mark Brackett (<http://ei.yale.edu/ruler/>). The approach is based on self-regulation and identifying your emotions using a mood meter. One of the ways we teach children about feelings is through a monthly SEL word. Related age-appropriate words are then assigned to each grade level and are used in classroom conversations and integrated into instruction. Weekly 'infomercials' are put together by our mental health staff and performed by students on the LHTV Morning News. They communicate a powerful SEL message in front of the green screen with the Mood Meter visible in the background. Children know this message as the segment that begins with... "Today we are going to talk about YOU!" As we enter November, you will notice, at the top of the page, that our first SEL Word of the Month is Accepted. The grade level words related to Accepted are: Grade 2 – Included, Grade 3 – Tolerant, Grade 4 – Encouraged, Grade 5 – Supported, and Grade 6 – Connected. Please feel free to include these words in your family conversations this month and ask your children to make connections through books they read, class discussions, and their own daily lives!

STUDENT COUNCIL OFFICERS AND REPRESENTATIVES

There will be a Student Council meeting on Monday, November 2nd at 8am in the café. All must attend! Please bring your blue folder and a pencil.

VETERAN'S DAY CARE PACKAGES

As a special thank you to all of the men and women that serve our country, the LHS Student Council will be collecting items to make care packages. We will be collecting leftover Halloween candy, toiletries (such as travel sized shampoo, conditioner, shower gel, soap, tooth brushes, toothpaste and lip balm), wool socks (and they have to be wool), and decks of cards. We will be collecting the items during the week of November 2 – 6 and in celebration for Veteran's Day. The students can bring these items in a Ziploc bag and place the items in a large paper bag, which will be located in each classroom.

BOX TOPS

The Box Tops progress board is located outside the LHTV newsroom. We currently have 2,000 box tops for the November 1st deadline. Please be sure to continue depositing Box Tops outside the LHTV newsroom. Every single box top helps!

EARLY PICK-UPS

If you need to pick up your child before regular dismissal, you must be **here before 2:45PM**. All pick-ups after that time will occur at the back circle, due to the arrival of the buses and traffic flow.

DISMISSAL PICK-UP

If you pick up your child at dismissal, you must go to the back circle. Please wait in line or, if you are here early enough and find an empty parking space, you may park and walk to the circle doors to meet your child.

BOARD OF EDUCATION

The next regular Board of Education meeting will be held on Tuesday, November 10th at the District Office.

FROM THE LHS/PTG

6th Grade Activities

Come and celebrate Halloween at the George Weir Barn, Caumsett Park, Lloyd Neck. Dress in costume (no swords) - Friday 10/30 from 6-8pm. If your child has not preregistered with the permission slip, he/she will not be allowed in. NO EXCEPTIONS WILL BE MADE. If you have any questions, contact: chodgson1@verizon.net or colleenhaskell@me.com

Election Day - Bake Sale at Lloyd Harbor School on Tuesday, November 3rd from 8-4PM. Why: To Support 6th Grade Activities and Graduation. **What We Need: * Volunteers to sell baked goods; * Donation of Baked Goods-homemade or store bought-packaged to sell. PLEASE SIGN UP ON VOLUNTEER SPOT: <http://vols.pt/ugc7WA> Please drop your packaged baked good; to LHS on Monday, 11/2 between 2-4 OR Tuesday, 11/3 at 7:30am.** All monies raised will directly support 6th Grade Activities and Graduation. Questions? Please contact Colleen at colleenhaskell@me.com or Caroline at chodgson1@verizon.net

6th Grade Yearbook

Get your pictures in the yearbook! The Yearbook Staff invites students and parents to submit photos for the yearbook. If you've got great photos of Lloyd Harbor school events such as 2nd through 6th grade Fall Festival, Field Day, 5th & 6th Grade Play, Classroom Celebrations, Class Trips, Ice Skating, Concerts, 6th Grade Activities, Science Fair, Little Apple Fun Run, please submit them. Group photos are preferred. No outside sports or Goosehill. Most importantly, we need a baby photo and, if your child was not in Lloyd Harbor for 2nd grade, we need a 2nd grade portrait. Our photographers can't be everywhere. Help us get as many photos as possible to create a terrific yearbook. Here is how you can submit photos online: • Go to: <https://images.schoolannualonline.com/login> If it does not automatically log you into the site, enter username: 403403588 Browse to select the photo(s) you wish to upload. Very Important - Enter information about the photo ie: names and what grade the students were in when the photo was taken. If the photo you are uploading is from Symbols of America, which LH performed in 2nd grade, please indicate "2nd grade" and your child's name. If we cannot identify a photo, we will not be able to use it. Click "Save Details". Don't wait! Submit your photos today! The last day to submit photos is 03/01/2016. Here's how to order your child's 6th grade Yearbook. Go to www.schoolannual.com At the top, you will see a grey tab "Buy Your Student's Yearbook". Follow the directions to place your order. Yearbooks cost \$40. 6th Grade Yearbook information will be available throughout the school year at www.lhsptg.org

Little Apple Fun Run

A big thank you to Samantha Sliwak & Jane McConnachie for a FABULOUS Little Apple Fun Run! What is better than seeing all those happy munchkin faces. To watch a video montage of all those happy munchkin faces on the PTG website, go to www.lhsptg.org A very special thanks to all the parent volunteers: Mary Noel Zgurzynski, Jeanine Henvey, Karlin Downes, Carolyn Walkin, Christina Bruderman, Diane Briestone, Carol Kessler, Tami Stark, Amy Koenigsberger, Linda Miller, Dawn Flower, Marissa Gabrielli, Violetta Partrick, Erin Talamas, Gina Jennings, Jessica Johnson, Denise Burns, and Mel Saladino. Congrats to all the race winners. If you didn't stay for awards, contact Mel Saladino mel.saladino@yahoo.com to pick up your child's trophy. A HUGE congrats to JOHN ZGURZYNSKI. He is the first student ever to beat Mr. O'Rourke! Fun Run Winners are posted on the website under the EVENT tab.

Philanthropy

The LHSPTG's Community Philanthropy Committee is looking forward to another year volunteering at the TRI-CYA in Huntington for homework help. There will be two parent supervisors/volunteers from our committee with the students for each afternoon at the center. Parents are also welcome to stay with their children. Please be sure to add your child(ren)'s name and grade when signing up. Please see Philanthropy's volunteer spot link here: <http://vols.pt/qAu3LX> We will also be donating after-school snacks and homework supplies to the center. Collection boxes for both will be in the café beginning October 26th and rolling throughout the school year. Please pack an extra healthy non-perishable snack with your child's lunch for them to drop in the collection box. See LHSPTG website for donation suggestion lists by grade. We welcome all help. Thank you in advance for your time and effort!

New PTG Board Position

The PTG Board would like to add a new position to the board, Co-Fundraising Chair. We will call a vote at the next PTG Meeting on Thursday, November 12th at 9:15. Denise Burns is our candidate. Her resume is posted on the PTG website under the NEWS tab. www.lhsptg.org

LOST & FOUND






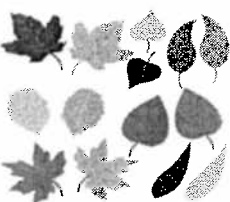

If anyone is missing items, they should check the lost and found bins in the lunch room. If items are not collected, they will be donated the first Thursday of every month starting 11/5.

FOCUS

FOCUS and the District Office Present a panel discussion "Learning Standards: What Does it All Mean for My Child?" on Tuesday November 17th at 7pm at the CSH Library. Submit any questions you would like to be addressed by the panel to FOCUSCSHSD@gmail.com. Join our teachers and administrators for this event - we are all in this together!

COLD SPRING HARBOR ELEMENTARY SCHOOLS

NOVEMBER 2015

AVAILABLE DAILY: \$ 2.75 SERVED AS COMPLETE MEALS BAGEL LUNCH W/ CHEESE OR YOGURT CHEESE SANDWICH JELLY SANDWICH- PEANUTBUTTER & JELLY PIZZA SLICE ASSORTED SEAHAWK SALAD SHAKERS MONDAY - TURKEY ON A ROLL TUESDAY - HAM & CHEESE ON A ROLL WEDNESDAY - TURKEY WRAP THURSDAY - BEEF BOLOGNA & CHEESE FRIDAY - TUNA SALAD WRAP ALL COLD CUTS BOAR'S HEAD BRAND		BREAKFAST SERVED DAILY 8:30 - 8:45am \$1.75 INCLUDES MILK, JUICE AND FRUIT AVAILABLE DAILY - BAGELS AND CEREAL MONDAY & WEDNESDAY - FRENCH TOAST STICKS TUESDAY & THURSDAY - PANCAKES FRIDAYS - EGG & CHEESE BAGEL BREAKFAST IS AN IMPORTANT START TO EVERY DAY  		SERVED DAILY MILK CHOICES: 8oz WHITE SKIM or 1%, FAT FREE CHOCOLATE 100% FRUIT JUICE - 4oz APPLE OR ORANGE FRESH FRUIT BOWL CHILLED CUPPED FRUIT FRESH BABY CARROTS WE OFFER WHOLE GRAIN BREADS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 POPCORN CHICKEN ALL WHITE MEAT SWEET FRIES CAULIFLOWER WITH CHEESE SLICED PEARS MILK CHOICE	3 BBQ BONELESS RIB(B) HOAGIE ROLL COLE SLAW SWEET CORN CHILLED PEACHES MILK CHOICE	4 PASTA & BROCCOLI (V) WITH GARLIC AND OIL FRESH PARMESAN CHEESE ITALIAN BREAD FRUIT COCKTAIL MILK CHOICE	5 CSH SLIDERS TWIN BURGERS WITH OR W/O CHEESE SWEET POTATO TOTS PICKLE CHIPS SALAD GREENS RED GRAPES MILK CHOICE	6 PIZZA MANIA WEDGES SLICES OR BAGEL FIELD GREENS SALAD FRESH FRUIT BOWL MILK CHOICE
9 CHICKEN TENDERS ALL WHITE MEAT OVEN FRIES ROASTED ZUCCHINI FRESH APPLES MILK CHOICE	10 FISH & CHIPS FISH STICKS BAKED CHIPS CAULIFLOWER PARMESAN FROZEN FRUIT JUICE BAR MILK CHOICE	11 VETERAN'S DAY NO CLASSES 	12 SOUP & STUFFED BAGEL STICK (V) VEGETABLE SOUP BABY CARROTS FRESH FRUIT SELECTIONS MILK CHOICE	13 PIZZA STICKS SOFT BREADSTICK WITH MOZZARELLA DIPPING SAUCE SALAD GREENS PINEAPPLE BITS MILK CHOICE
16 BBQ CHICKEN HERO BBQ CHICKEN MEATBALLS HOAGIE ROLL SAUTEED SPINACH SLICED PEARS MILK CHOICE	17 SOUTH OF THE BORDER TWIN TACOS LETTUCE, TOMATO AND CHEESE TACO MEAT (C) SLICED PEACHES MILK CHOICE	18 THANKSGIVING WARM UP SLICED FRESH TURKEY WITH GRAVY SWEET POTATOES CORN NIBLETS CRANBERRY SAUCE MILK CHOICE	19 FALL FESTIVAL MINI CORN DOGS POTATO PEROGIES BAKED BEANS BAKED APPLE SLICES MILK CHOICE	20 PIZZA BAGEL MARINARA & CHEESE CAESAR SALAD ITALIAN GREEN BEANS FRUIT COCKTAIL MILK CHOICE
23 CHICKEN NUGGETS ALL WHITE MEAT BUTTERED PASTA MIXED VEGETABLES CHILLED APPLESauce MILK CHOICE	24 BREAKFAST SANDWICH EGG AND CHEESE WRAP HASHBROWN POTATO ORANGE SLICES MILK CHOICE	25 THANKSGIVING RECESS NO CLASSES	26 	27 
30 ITALIAN CHICKEN SANDWICH GRILLED FILET MOZZARELLA CHEESE KAISER ROLL OVEN FRIES FRUIT COCKTAIL MILK CHOICE		VEGETARIAN (V) BEEF (B) TURKEY (T) PORK (P) OFFICE OF FOOD AND NUTRITION GERRI TIGER SCHOOL LUNCH MGR 367-6970		CHECK YOUR STUDENTS BALANCE DISTRICT POLICY IS OVER \$25.00 NEGATIVE NO ALA CARTE ONLY MEALS WILL BE SERVED



Bringing Families and Schools Together

Presents a Workshop

Learning Standards: What Does It All Mean for My Child?



**We're All in This Together. Join us on:
Tuesday, Nov. 17th, 7pm
Cold Spring Harbor Library**

Want your child to learn how to be a great leader.
Want your child to be physically and mentally fit.



The answer is WRESTLING.

Wrestling teaches self discipline and the value of hard work.
It builds confidence, mental toughness, and teaches self reliance.

Give your child the edge to success in life.



LI Youth Wrestling presents the

COLD SPRING HARBOR YOUTH WRESTLING PROGRAM

**Wrestling Room in the
Cold Spring Harbor Field House**

Mondays and Wednesdays from 7:00pm - 8:30pm

Starting Monday, November 9th

Ending Monday, March 7th



Any questions, feel free to contact Jason Layton at
LIYouthWrestling@gmail.com or (516) 996-9922.

Program will be coached by Jermaine John who currently wrestles for Hofstra University (Division 1).

Prior to college Jermaine wrestled for Bethpage High School and
was a Nassau County champion taking fifth in the New York State championships.
He is a passionate leader dedicated to making a difference in the lives of his students.

The CSH varsity coach and wrestling staff have approved and will be supervising the program.



Welcome to the 2016 Cold Spring Harbor PAL Lacrosse season!

Please visit **CSHLAX.com** to register your son or daughter by NOVEMBER 1st to be eligible for the CSH Lax off-season training program.

The program and the associated fees are outlined below.

Please spread the word and register now!

We look forward to a great year!

Grades K-1

- Weekly Clinic April through June
- \$110 Registration Fee
- Players will receive a CSH Lacrosse Practice Pinnie

Grades 2-3

- PAL season begins in March and ends mid-June
- Two equal teams per grade
- 2-3 practices per week
- 8 game season
- \$165 Registration fee
- \$60 Uniform fee (if new uniform is needed)*

Grades 4-6

- PAL season begins in March and ends mid-June
- Two equal teams per grade
- 2-3 practices per week
- 8 game season
- \$165 Registration fee
- \$60 Uniform fee (if new uniform is needed)*

Grades 4-6 Off-season training

- \$275 Registration fee (in addition to PAL fee)
- 10 one-hour trainer led training sessions for each grade
- OPEN to ALL players in each grade

Training Dates:

• 4th Boys
Saturdays 1:00-2:00 Jan-Mar (WEST)

• 5th Boys**
Thursdays 6:30-7:30 Oct 15-Dec 17th
Sundays 1:00-2:00 Jan-Mar (WEST)

• 4th/5th Girls
Alternating Mondays 6:00-7:00 Nov-Mar (WEST)

• 6th Boys/Girls
Alternating Tuesdays 5:30-6:30 Nov-Mar (HUB)

* For the 2017 season CSH Lax will be purchasing new uniforms and transitioning to skirts for girls

**5th grade boys off season training to be registered for through Threshers

THE PEANUTS MOVIE

FAMILY EVENT

PRESENTED BY
COLD SPRING HARBOR SEPTA

Sunday, Nov 15th @ 10:00

Elwood Cinema: 1950 Jericho Turnpike, East Northport

\$15.00 per ticket (includes popcorn and drink)

Purchase tickets via [paypal.me/CSHSepta](https://www.paypal.me/CSHSepta)

OR

Checks can be made payable to CSH Septa and sent with below form
completed to CSH Septa mailbox (district office), Attn: Nicole Prizzi

Envelopes can be passed to your child's teacher.

Family Name: _____

email: _____

of tickets _____

phone: _____

**For Kids & Teens! *Programs from Cold Spring Harbor
Library's Youth Services Department. Registration Required!***

Tween Minecraft Pixelated Art

Thursday, November 5 @ 4:30-5:30 pm

For tweens in grades 5-8. Use fusible perler beads to recreate pixelated items and characters from Minecraft!



Teen Writing Workshop: Rap & Write

Saturday November 7 @ 2:00-3:30

For Teens in grades 6-12

Jam with friends in Rap & Write, a teens-only writing workshop! Enjoy the storytelling
Improv game and learn the secrets of
POP - Power of Persuasion!

For more information about any Kids Programs or Teen Programs, contact a Youth Services Librarian at

Preschool Parachute Play

Monday November 2, @ 2:00-2:30 pm

For children ages 4-5

Parachute play is a great way to promote teamwork among preschoolers. There are also a lot of health benefits of parachute play.

- *Encourages cooperation -Strengthens upper torso*
- *Non-competitive -Differing abilities are non-issue*
- *Refines perceptual skills - Reinforces tsharing*
- *Develops a sense of rhythm*

Afternoon Arts @ Crafts

Friday November 6 @ 3:30-4:30

For children of all ages

For children of all ages. Unlock your inner Picasso and let the artist in you shine! Visit our 'creation stations' in the Hands-On Learning Center and explore the possibilities of your imagination.

Programs and Services from the Information Services Department

TEENS WELCOME!

**AN ITALIAN TEA PARTY
COOKING DEMO & TASTING
Saturday, November 7 at 11am**



Lucy Van Horn will show you how to create a delicious Italian trifle, crostini tea sandwiches, rosemary tea loaf, and brutti ma buoni cookies. Bring your appetite and a tea cup! Register in advance with \$5 cash or check, payable to the

For more information about any Adult Program, contact Information Services
at the Cold Spring Harbor Library at 631-692-6820.